

DINNER Favorites

PSRST STD
U.S. POSTAGE
PAID
THREE FORKS MT
PERMIT 2
POSTAL PATRON LOCAL
ECRWSS

THREE FORKS MARKET

YOUR HOMETOWN GROCER



\$5.99
LB.

Choice Beef
Petite Sirloin Steaks



2/\$6

1 lb. Pkg. Sweet Strawberries or 6 oz. Pkg. Golden Berries



\$2.99
LB.

Boneless Skinless
Chicken Breasts

Family Pack



\$2.49
LB.

Boneless
Pork Loin Chops

PRAIRIE FRESH

3/\$5

Large Ripe
Avocados



89¢
LB.

Large Navel
Oranges



Sweet & Juicy



\$5.99
Food Club 42-48 oz. Cheese Tortellini or Ravioli
Pasta



\$1.99
Food Club 23.9-24 oz. Select Varieties
Pasta Sauce



\$2.99
Franz 13.5 oz. Select Varieties
Buns

\$1.49
Bugles, Chex Mix, Gardetto's or Nature Valley 7.5-8.75 oz. or 6 ct. Select Varieties
Snacks

2/\$5
Creamies 6 ct. Select Varieties
Ice Cream Bars

\$14.99
Simply Done 8 ct. Ultra
Paper Towels

Simply Done 30 ct. Club Pack Bath Tissue. . . **\$16.99**

\$8.99
Tillamook 32 oz. Select Varieties
Block Cheese

GOOD MORNING

\$1.99
Food Club 10 ct. Select Varieties
Waffles

\$4.49
Post 9-20.5 oz. Select Varieties
Cereal

\$3.49
Food Club 1 lb. Salted or Unsalted
Butter

\$1.99
Craw'n Flavor 30 oz. Shredded
Hash Browns

\$1.99
Food Club 10.6-19 oz. Select Varieties
Cereal

\$9.79
Food Club 20 oz. Select Varieties
Thick Cut Bacon

WHILE SUPPLIES LAST!
We Reserve the Right to Limit Quantities

TWO WEEK SAVINGS

Prices Valid:
April 10-23, 2024

WED	thru	TUE
4/10	—	4/23

PROTEIN BALL RECIPE



INGREDIENTS

- 1 1/2 cups rolled oats
- 1/2 cup protein powder
- 1/2 tsp cinnamon
- 1 T chia seeds
- 1/2 cup smooth natural peanut butter or any nut butter
- 3 T honey
- 1 tsp vanilla extract
- 1/3 cup raisins, chocolate chips, craisins, etc
- 2-4 T liquid (almond milk, water, etc)

DIRECTIONS

Mix oats, protein powder, cinnamon & chia seeds together in large bowl. Add in peanut butter, honey & vanilla. Stir to combine. Add in chocolate chips (or preferred mix-ins). Slowly add in 1 Tablespoon of liquid at a time until mixture holds its shape. Roll into balls using hands. Refrigerate for 30 minutes. Store in fridge until ready to enjoy.

\$2.49

Food Club 18 oz. Quick or Old Fashioned Oats



\$13.99

Full Circle 13.3-13.5 oz. Chocolate or Vanilla Protein Powder



\$4.49

Skippy 26.5-28 oz. Select Varieties Peanut Butter



\$3.99

Guittard 10-12 oz. Select Varieties Baking Chips



\$4.49

Miller's 12 oz. Raw Natural Clover Honey



frozen & dairy specials



craV'n FLAVOR

DAIRY & FROZEN

\$1.88

Food Club 16 oz. Select Varieties Jumbo Biscuits



\$3.99

Food Club 64 oz. Select Varieties Orange Juice



\$2.79

Jimmy Dean 4-8 oz. Select Varieties Frozen Breakfast



2/\$3

Simply 11.5 oz. Select Varieties Single Serve Juice



\$2.19

Daisy 16 oz. Original or Light Sour Cream



\$3.69

Noosa 4 ct. Select Varieties Yogurt



\$2.99

Wide Awake 32 oz. Select Varieties Coffee Creamer



\$1.19

CraV'n Flavor 32 ct. Variety Ice Cream Novelties



\$4.99

Red Button Vintage Creamery 30-56 oz. Select Varieties Premium Sorbet, Gelato or Ice Cream



SNACKS

\$3.99

Lay's or Smartfood 5-8 oz. Select Varieties Snacks



\$2.29

Pringles 4.94-5.57 oz. Select Varieties Chips



\$3.79

Nabisco Ritz Chips & Crisps, Belvita or Newtons 7.04-10 oz. Select Varieties Snacks



2/\$3

Don Julio 9 oz. Select Varieties Tortilla Chips



\$2.49

CraV'n Flavor 8.5-15.35 oz. Select Varieties Cookies



\$5.49

Club or Town House 18.8-20.7 oz. Select Varieties Family Size Crackers



2/\$7

Wiley Wallaby 10 oz. Select Varieties Licorice



\$2.99

Flipz 7.5 oz. Select Varieties Chocolate Covered Pretzels



\$3.49

CraV'n Flavor 2.85 oz. Select Varieties Beef Jerky



5/\$5

Hot Tamales, Dots or Mike & Ike 4.25-6.5 oz. Select Varieties Candy



\$3.99

Franz 12 oz. Select Varieties Donuts



BEVERAGES

2/\$4.50

2 Liter Bottles Select Varieties Coke Products



2/\$3

Shasta 2 Liter Bottles Select Varieties Soda



2/\$9

Shasta 12 pk. Cans Select Varieties Soda



\$4.99

Coke 6 pk. 7.5 oz. Select Varieties Coke Products



\$14.99

Coors 12 pk. Cans Select Varieties Beer



\$14.99

Coors 12 pk. Cans Select Varieties Beer



\$14.49

Budweiser 12 pk. Cans Select Varieties Beer



\$15.59

Michelob Ultra 144 oz. Select Varieties Beer



GROCERY



\$3.49
Kellogg's 6-12 ct. Select Varieties Treats, Pop-Tarts or Nutri-Grain Bars



2/\$9
La Croix 12 pk. Select Varieties Sparkling Water



\$2.99
Mio, Crystal Light or Kool-Aid 1.62 oz. Select Varieties Drink Mix



2/\$5
Crystal Light 5-10 ct. Select Varieties Drink Mix



\$1.79
French's 12-14 oz. Spicy Brown or Yellow Mustard



\$1.99
Food Club 16 oz. Creamy or Crunchy Peanut Butter



2/\$3
Betty Crocker 13.25-16.3 oz. Select Varieties Brownie or Cake Mix



\$3.19
Food Club 12.5 oz. Chunk White in Water Chicken Breast



\$1.39
Food Club 12-16 oz. Select Varieties Pasta



\$3.99
Wide Awake 10 ct. Select Varieties Coffee



\$4.99
Kraft 4 ct. Select Varieties Macaroni & Cheese



\$5.99
Kraft 5 pk. Original Macaroni & Cheese



\$2.29
Minute Rice or Mahatma 8.8-32 oz. or 2 ct. Select Varieties Rice



\$1.79
Dennison's 15 oz. Original Chili



\$2.99
Food Club 14 oz. Corned Beef Hash

GENERAL MILLS PRODUCTS YOU LOVE



\$3.49
Chex 8.9-14 oz. Select Varieties Cereal



\$1.99
Betty Crocker 4.6-5 oz. Select Varieties Instant Potatoes



\$3.49
Progresso 6.5-8 oz. Select Varieties Soup Mix



\$5.49
General Mills 9-17.6 oz. Select Varieties Fruit Snacks



\$3.29
Pillsbury 8-13.9 oz. Select Varieties Dough



\$3.49
Pillsbury 16-16.5 oz. Select Varieties Cookie Dough



\$1.49
Yoplait Oui, Ratio Keto or Haagen-Dazs 4-5.3 oz. Select Varieties Yogurt



\$4.79
Yoplait 8 ct. Select Varieties Yogurt



\$4.79
Yoplait 16 ct. Select Varieties Go-Gurt

AT HOME



\$5.49
Degree 2.6-2.7 oz. Select Varieties Deodorant



\$8.49
Dove 6 ct. or 20 oz. Select Varieties Bar Soap or Body Wash



\$4.99
U by Kotex 13-18 ct. Select Varieties Feminine Care



\$5.99
Energizer 1-4 ct. Select Varieties Batteries



\$12.49
Arm & Hammer 138-140 oz. or Oxi Clean 5 lb. Select Varieties Laundry Care



\$5.99
Lysol or Airwick 1-80 ct. or 6.17-12.5 oz. Select Varieties Air Freshener or Sanitizer



\$2.29
Colgate 1 ct. or 6 oz. Select Varieties Oral Care

PRODUCE

59¢
LB.

Russet, Red
or Yellow
Potatoes



\$1.99
LB.

Sugar Bee
or Pinata
Apples



2/5

8 oz. Pkg.
Whole or Sliced
Mushrooms



2/5

32 oz. Bag
Baby Carrots
or 16 oz. Bag Mini
Cucumbers



TASTY & TRENDY

Ginger & Turmeric

Ginger and Turmeric are fantastic additions to your meal planning, if you like to spice things up! The Coast Authentic line of products delivers fantastic freshness, in a recyclable package.

2/5

Coast 3-6 oz.
Ginger or Turmeric



\$2.99
EA.

Dole 5-12 oz.
Select Varieties
Salads



MEAT & DELI

\$4.99
LB.

Boneless Beef
Rump Roast



\$10.99
LB.

Boneless Beef
New York Steaks



\$2.99
LB.

Pork
Baby Back Ribs



\$2.99
LB.

Chicken
Drumsticks



\$1.99
EA.

Oscar Mayer 3.3-10.7 oz.
Select Varieties Bites or
Lunchables



\$1.99
EA.

Bar S 16 oz.
Select Varieties
Franks



\$3.99
EA.

Johnsonville 10-14 oz.
Select Varieties
Sausage



3/5

Food Club 6-8 oz. Select
Varieties Block or Shredded
Cheese



\$5.99
EA.

Galbani 24 ct.
String Cheese



\$10.49
EA.

Foster Farms 16-24 oz.
Select Varieties
Chicken

BAKERY & DELI



\$3.99
EA.

Cafe Valley Assorted
Turnovers



\$4.99
EA.

Beehive
Assorted Jumbo
Muffins

\$4.99
EA.

Fresh Cravings
10 oz. Assorted
Hummus



\$7.99

Food Club 16 oz.
Select Varieties
Cheese Slices



\$4.99
EA.

Stacy's 7-7.33 oz.
Assorted Bagel or
Pita Chips



\$4.49

Sargento 4.5 oz.
Select Varieties
Balanced Breaks



STORE HOURS
7 DAYS A WEEK
MONDAY - SUNDAY 7 AM - 9 PM
(406) 285-3010

Locally owned and operated
We're not responsible for typographical or printed errors.
We reserve the right to limit quantities.